

Name: Date of referral:		LifeMoves Referral
Age		
Date of birth		
Contact details (address and phone)	Phone:	
Acquired Brain Disorder and date of onset <i>(e.g. stroke, traumatic brain injury, multiple sclerosis)</i>		
What has been affected by this condition? <i>(e.g. walking, talking, speech, swallowing, concentration, etc).</i>		
Mobility aid	<input type="checkbox"/> Wheelchair <input type="checkbox"/> Scooter <input type="checkbox"/> Frame <input type="checkbox"/> Other	
Details of referrer, if applicable (contact details)		
Please identify any health or behavioural issues that that may affect participation in the programme e.g. epilepsy, disinhibition, fatigue. Note: <i>Participants may be advised to discontinue or seek medical advice should any health problems or behaviours of concern emerge during the program.</i>		
Reason/s for attending LifeMoves: <i>(reintegration into the community, returning to work, dealing with emotions, other)</i>		
How did you learn about the LifeMoves program?		

Please return completed form to : lifemoves@brainlink.org.au

LifeMoves provides structured peer support that empowers people living with acquired brain disorders. It is an **eight-week program**, with each week consisting of two-and-a-half hour sessions of client-generated discussions that are facilitated by trained peer support workers.

All facilitators and peers supporting LifeMoves are themselves living with an acquired brain injury, have personally participated in the program and have received facilitation skills training.

LifeMoves helps participants tackle a range of issues of relevance to them, from physical challenges to financial and emotional issues.

There is no cost to attend the program. Participants are required to provide their own transport / commute.

Participants in LifeMoves programs shall:

- Have a diagnosis of an acquired brain disorder.
- Be over 18 years of age.
- Communicate in or understand English (Interpreters are not able to attend).
- Have adequate cognition and capacity to participate (at some level) in a group conversation

Note: Carers are excluded from LifeMoves (to ensure clients may speak freely).

For further information, please contact:

Lee Kotuhi or Sonia Marcon at:

Email: lifemoves@brainlink.org.au

Phone: 03 9845 2957